



點牛肉



CD1 23

- How would you like your steak?
您的牛排要幾分熟？

- How would you like that?
您要幾分熟？

- How would you like that prepared?
您希望怎麼烹調呢？

- How would you like your burger cooked?
您的牛肉堡要如何烹調？

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點牛肉時，一定得先學會幾分熟的說法：rare 三分；medium-rare 四分；medium 五分；medium-well 七分；well (-done) 全熟。[相關查詢](#) 163：牛排的種類。

- I'd like the T-bone steak, rare.
我要丁骨牛排，三分熟。
- I'll have the rib-eye,¹ medium-rare.
我要肋眼牛排，四分熟。
- I'm going to have the filet mignon.² Medium, please.
我要菲力牛排，五分熟，麻煩你。
- I'll try the porterhouse,³ medium-well.
我想試試上等腰肉牛排，七分熟。
- I'm going to get the New York strip. Please make sure it's well-done.
我要紐約牛排。請務必要全熟。

Word list

1 rib-eye [ˈrɪb.aɪ] *n.* 肋眼 (小牛等肋骨外側的大肉片)

2 mignon [ˈmɪnjən] *n.* 里脊肉

3 porterhouse [ˈpɔrtə.haus] *n.* 包含丁骨的腰肉牛排